

**Sept 2019
High School
Menu**

Menu items subject to change without notice.

Breakfast:
Student- \$1.90
Reduced- .30
Adult- 2.25
Lunch :
Student- \$3.00
Reduced- .40
Adult- 3.75
Students who qualify for free or reduced lunch also qualify for free or reduced breakfast!

2 No School	3 Today's Hot Lunch Super Nacho Bar Taco Meat or Fajita Chicken Corn Black Beans Scooper Sam's Sub Station Grab & Go Express Cookie Pears Biscuit& Gravy	4 Today's Hot Lunch General Tso's Chicken Rice Stir Fry Veggies Scooper Sam's Sub Station Grab & Go Express Grapes or Mandarin Oranges Smoothie	5 Today's Hot Lunch Chicken Strips Potato Roasters Roasted Broccoli Scooper Sam's Sub Station Grab & Go Express Banana Breakfast Sandwich	6 Today's Hot Lunch Chili Crackers Cinnamon Roll Scooper Sam's Sub Station Grab & Go Express Pineapple Breakfast Burrito
9 Today's Hot Lunch Philly Steak Sandwich or Meatball Sub Onion, peppers, cheese Fries Scooper Sam's Sub Station Grab & Go Express Pears Smoothie/ Pizza	10 Today's Hot Lunch Super Nacho Bar Taco Meat or Fajita Chicken Refried Beans Scooper Sam's Sub Station Grab & Go Express Cookie Mandarin Oranges Biscuit& Gravy	11 Today's Hot Lunch Waffle Sticks/Syrup Chicken Strips Tater Rounds Scooper Sam's Sub Station Grab & Go Express Applesauce Smoothie	12 Today's Hot Lunch Chicken Nuggets Potato Smiles Cheesy Broccoli Scooper Sam's Sub Station Grab & Go Express Banana Breakfast Sandwich	13 Today's Hot Lunch Garlic Bread Pizza Fish Nuggets Peas Potato Roasters Scooper Sam's Sub Station Grab & Go Express Peaches Breakfast Burrito
16 Today's Hot Lunch Steak or Rib Mashed Potatoes Gravy Bread Cheesy Green Beans Scooper Sam's Sub Station Grab & Go Express Pineapple Smoothie/Pizza	17 Today's Hot Lunch Super Nacho Bar Taco Meat or Fajita Chicken Corn Black Beans Scooper Sam's Sub Station Grab & Go Express Cookie Peaches Biscuit& Gravy	18 Today's Hot Lunch Teriyaki Chicken Rice Stir Fry Veggies Scooper Sam's Sub Station Grab & Go Express Mandarin Oranges Smoothie	19 Today's Hot Lunch Bacon Cheeseburger Round Pizza Fries Baked Beans Scooper Sam's Sub Station Grab & Go Express Banana Breakfast Sandwich	20 No Lunch Breakfast Burrito
23 Today's Hot Lunch Garlic Bread or Round Pizza Smiles Cheesy Broccoli Scooper Sam's Sub Station Grab & Go Express Peaches Smoothie/Pizza	24 Today's Hot Lunch Super Nacho Bar Taco Meat or Fajita Chicken Corn Kidney Beans Scooper Sam's Sub Station Grab & Go Express Cookie Applesauce Biscuit& Gravy	25 Today's Hot Lunch Sweet & Sour Chicken Rice Stir Fry Veggies Scooper Sam's Sub Station Grab & Go Express Pineapple Smoothie	26 Today's Hot Lunch Softshell Taco Chicken or Beef Rice Refried Beans Scooper Sam's Sub Station Grab & Go Express Banana Breakfast Sandwich	27 Today's Hot Lunch Country Fried Steak Or Chicken Strips Mashed Potatoes Gravy Peas Scooper Sam's Sub Station Grab & Go Express Pears Breakfast Burrito
30 Today's Hot Lunch Chicken Patty or Spicy or Rib Sandwich Smiles Baked Beans Scooper Sam's Sub Station Grab & Go Express Peaches Breakfast Sandwich	National Food Bank Day Sept. 6, 2019	HS Breakfast 7:30-8 Daily Items: Scone, Long John, Breakfast Cookie, Yogurt Parfait, milk, fruit, juice.		HS Lunch includes daily: Fresh Fruit and Veggie Bar and Milk

Go to www.MySchoolBucks.com deposits, transactions, balances, email low balance notices. Meade Food Service also accepts advance payments by cash or check.

Free and Reduced Applications can be found and submitted online at myschoolapps.com Paper applications are available at all schools.