

**Jan 2020  
High School  
Menu**



Menu items subject to change without notice.

Breakfast:  
Student- \$1.90  
Reduced- .30  
Adult- 2.25  
Lunch :  
Student- \$3.00  
Reduced- .40  
Adult- 3.75  
**Students who qualify for free or reduced lunch also qualify for free or reduced breakfast!**

<p><b>HS Lunch includes daily: Fresh Fruit and Veggie Bar and Milk</b></p>	<p><i>HS Breakfast 7:30-8 Daily Items: Scone, Long John, Breakfast Cookie, Yogurt Parfait or Smoothie, milk, fruit, juice.</i></p>	1	2	3
<p>6 <b>Today's Hot Lunch</b> Chicken Patty or Spicy or Rib Sandwich Smiles Baked Beans <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Peaches Smoothie or Pizza</p>	<p>7 <b>Today's Hot Lunch</b> Super Nacho Bar Taco Meat or Fajita Chicken Corn Kidney Beans <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Pears Cookie Biscuit &amp; Gravy</p>	<p>8 <b>Today's Hot Lunch</b> Tangerine Chicken Rice Tea Roll Stir Fry Veggies <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Applesauce Smoothie</p>	<p>9 <b>Today's Hot Lunch</b> Hamburger or Cheeseburger Mini Corn Dogs Fries <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Banana Breakfast Sandwich</p>	<p>10 <b>Today's Hot Lunch</b> Garlic Bread Pizza Fish Nuggets Tea Roll Cheesy Green Beans Jo Jo Potatoes Pineapple <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Breakfast Burrito</p>
<p>13 <b>Today's Hot Lunch</b> Chicken or Buffalo Chicken Drumstick Mashed Potatoes Gravy <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Mandarin Oranges Smoothie or Pizza</p>	<p>14 <b>Today's Hot Lunch</b> Super Nacho Bar Taco Meat or Fajita Chicken Refried Beans <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Cookie Applesauce Biscuit &amp; Gravy</p>	<p>15 <b>Today's Hot Lunch</b> Round Pizza or Garlic Bread Pizza Fries Roasted Broccoli <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Pineapple Smoothie</p>	<p>16 <b>Today's Hot Lunch</b> Popcorn Chicken Cheesy Potatoes Green Beans Tea Roll <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Banana Breakfast Sandwich</p>	<p>17 <b>No Lunch</b>  <b>Good Luck!</b>  Breakfast Burrito</p>
<p>20 <b>No School</b></p>	<p>21 <b>Today's Hot Lunch</b> Super Nacho Bar Taco Meat or Fajita Chicken Corn Black Beans <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> Pears <b>Fruit and Veggie Bar</b> Cookie Pizza</p>	<p>22 <b>Today's Hot Lunch</b> General Tso's Chicken Rice Tea Roll Stir Fry Veggies <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Grapes Smoothie</p>	<p>23 <b>Today's Hot Lunch</b> Chicken Strips Jo Jo Potatoes Tea Roll Cheesy Broccoli <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Banana Breakfast Sandwich</p>	<p>24 <b>Today's Hot Lunch</b> Garlic Bread Pizza Fish Nuggets Tea Roll Smiles Peas <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Pineapple Breakfast Burrito</p>
<p>27 <b>Today's Hot Lunch</b> Philly Steak Sandwich or Meatball Sub Onion, peppers, cheese Fries <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Pears Smoothie or Pizza</p>	<p>28 <b>Today's Hot Lunch</b> Super Nacho Bar Taco Meat or Fajita Chicken Corn Kidney Beans <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Cookie Mandarin Oranges Biscuit &amp; Gravy</p>	<p>29 <b>Today's Hot Lunch</b> Waffle Sticks/Syrup Chicken Strips Sausage Tater Rounds <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Applesauce Smoothie</p>	<p>30 <b>Today's Hot Lunch</b> Softshell Taco Chicken or Beef Refried Beans Rice <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Banana Breakfast Sandwich</p>	<p>31 <b>Today's Hot Lunch</b> Chili Crackers Fish Nuggets Cinnamon Roll <b>Scooper Sam's Sub Station</b> <b>Grab &amp; Go Express</b> <b>Fruit and Veggie Bar</b> Peaches Breakfast Burrito</p>

Go to [www.MySchoolBucks.com](http://www.MySchoolBucks.com) deposits, transactions, balances, email low balance notices. Meade Food Service also accepts advance payments by cash or check.

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