

Sturgis Track – Girls Honor Roll

100 METERS	Brooke Ireland	12.02	2014
	Stephanie Maks	12.20	1981
	Amy Inhofer	12.24	1995
	Amanda Williamson	12.27	2004
	Jocelyn Jackley	12.37	1992
SOPH	Amy Inhofer	12.24	1995
9th	Amy Inhofer	12.34	1994
200 METERS	Amy Inhofer	25.34	1997
	Brooke Ireland	25.47	2012
	Stephanie Maks	25.65	1981
	Lindsay Carter	25.86	2003
	Kathy Rafferty	25.92	1984
SOPH	Brooke Ireland	25.47	2012
9th	Brooke Ireland	25.68	2011
400 METERS	Brooke Ireland	55.77	2014
	McKenzie Keffeler	58.50	2009
	Amy Inhofer	58.56	1994
	Dee Herrmann	59.80	1981
	Kylee Bennett	59.83	2017
	Lindsay Carter	59.87	2003
SOPH	Brooke Ireland	57.41	2012
9th	Brooke Ireland	56.77	2011
800 METERS	Jessica Engel	2:14.78	2007
	Brooke Ireland	2:16.00	2014
	Kylee Bennett	2:17.96	2017
	Kahlie Peterson	2:18.90	2010
	Madeleine Takahashi	2:19.30	2009
	Paige Willnerd	2:21.47	2021
	Tera Potts	2:21.68	2009
	SOPH	Madeleine Takahashi	2:19.30
9th	Kahlie Peterson	2:21.53	2011
1600 METERS	Jessica Engel	4:57:98	2007
	Madeleine Takahashi	5:03.10	2009
	Kylee Bennett	5:10.45	2017
	Kahlie Peterson	5:11.00	2010
	Allison Green	5:18.04	2014
	Autumn Cassen	5:20.18	2017
	Tera Potts	5:21.25	2009

	Paige Willnerd	5:21.47	2021
SOPH	Madeleine Takahashi	5:03.10	2009
9th	Kahlie Peterson	5:12.03	2011
3200 METERS	Jessica Engel	10:48.58	2007
	Madeleine Takahashi	11:08.37	2009
	Allison Green	11:10.16	2013
	Lia Neumiller	11:31.22	2017
	Autumn Cassen	11:46.03	2017
	Tera Potts	11:47.69	2009
	Taylor Fernen	11:53.47	2006
SOPH	Madeleine Takahashi	11:08.37	2009
9th	Allison Green	11:15.54	2015
100 HURDLES	Amanda Davis	14.27	2004
	Dee Herrmann	14.70	1981
	Kim Weir	15.15	1991
	Holly Gerberding	15.54	2017
	Pat Kircher	15.60	1982
	Renae Smit	15.85	1987
SOPH	Amanda Davis	14.75	2003
9th	Kim Weir	15.20	1988
300 HURDLES	Christina Pierce	45.51	1989
	Jennifer Maynard	45.59	2006
	Holly Gerberding	45.91	2017
	Amanda Davis	46.54	2004
	Sydney Shaw	47.43	2019
	Renae Smit	47.56	1987
	Lora Hummel	47.94	1983
SOPH	Christina Pierce	47.25	1987
9th	Christina Pierce	45.92	1986
LONG JUMP	Dee Herrmann	18' 1 1/2"	1981
	Brooke Ireland	17' 6 1/2"	2013
	Avery Marler	17' 1"	2022
	Tara Eddington	17' 0 1/2"	2016
	April Mertz	16' 11 1/2"	1993
	Marne Miller	16' 11 1/4"	1991
	Crystal Matt	16' 11"	1995
	Kathy Rafferty	16' 11"	1984
SOPH	Denise Scott	16' 10 1/2"	1983
9th	Christina Pierce	16' 8 3/4"	1986

TRIPLE JUMP	Miaken Zeigler	36' 7 1/2"	2000
	Kristin Fallgren	36' 6"	1990
	Caitlynn Emick	36' 3"	2017
	Tara Eddington	36' 0"	2015
	Makayla Keffeler	35' 11 1/4"	2018
	Loralee Stock	35' 6 3/4"	2019
	Marne Miller	35' 5 3/4"	1990
	Jenna Bachand	35' 1 3/4"	2002
	Crystal Matt	35' 1"	1993
SOPH	Crystal Matt	34' 6 1/4"	1994
9th	Makayla Keffeler	35' 11 1/4"	2018
POLE VAULT	Klara Lyon	12' 0"	2014
	Sarah Skinner	11' 6"	2006
	Kristy Mortenson	11' 6"	2006
	Cassidy Jorensen	10' 9"	2018
	Courtney Cassen	10' 6"	2013
	Laura Hilton	10' 3"	2006
SOPH	Klara Lyon	10' 9 1/4"	2013
9th	Sondra Smith	10' 0"	1999
	Sarah Skinner	10' 0"	2003
	Klara Lyon	10' 0"	2012
HIGH JUMP	Heather Donaldson	5' 5 1/4"	1988
	Nancy Hutchins	5' 4"	1981
	Kristin Fallgren	5' 4"	1990
	Crystal Matt	5' 4"	1993
	Erin Heffner	5' 2"	1994
	Amy Nowell	5' 2"	1987
	McKenzie Keffeler	5' 2"	2008
	Ashlyn Simons	5' 2"	2016
	Olivia Jolley	5' 2"	2017
SOPH	Nancy Hutchins	5' 2"	1979
	Crystal Matt	5' 2"	1994
	Ashlyn Simons	5' 2"	2016
	Olivia Jolley	5' 2"	2017
9th	Crystal Matt	5' 4"	1993
SHOT PUT	Annie Deaver	46' 8 1/4"	1990
	Christine Francis	44' 1 1/2"	2001
	Jennifer Rasmussen	41' 3"	1989
	Breanna Janovy	41' 1 1/4"	2009
	Kari Frehse	39' 7 1/2"	1994
SOPH	Annie Deaver	41' 4"	1988

9th	Annie Deaver	37' 8"	1987
DISCUS	Breanna Janovy	131' 7"	2009
	Annie Deaver	126' 11"	1989
	Christine Francis	126' 6"	2002
	Kerry Wilson	125' 6"	1985
	Jennifer Rasmussen	122' 3"	1988
SOPH	Jennifer Rasmussen	121' 6"	1987
9th	Tonya Hoffman	100' 5"	1989
JAVELIN	Lexi Long	95' 5"	2022
400 RELAY	S Skinner/Barnes/Davis/Williamson	49.82	2004
	Hammock/Williamson/Davis/Carter	49.87	2003
	Herrmann/Kircher/Rafferty/Maks	50.10	1981
	Steeves/Jolley/Shaw/Stock	50.27	2017
	Nelson/Quam/Brooks/Pierce	50.30	1987
	Nelson/Jackley/Weir/Forrester	50.40	1990
	9th	Weir/Arnio/Hehn/Forrester	53.45
800 RELAY	Shaw/Gerberding/Steeves/Stock	1:45.06	2017
	Dennis/Fjelstad/Jones/Marler	1:45.33	2022
	Nelson/Quam/Brooks/Pierce	1:45.35	1987
	Herrmann/Sewell/Hlavka/Maks	1:45.70	1981
	Dennis/Fjelstad/Jones/C. Ewing	1:45.83	2022
	Gerberding/Shaw/Jolley/Stock	1:45.96	2017
	Hammock/Carter/Radlinger/Bachand	1:46.60	2001
	Davis/Barnes/Steffe/Williamson	1:46.88	2004
	Nelson/Forrester/Quam/Pierce	1:47.13	1989
9th	Pierce/Hayes/Brooks/Nelson	1:51.86	1987
1600 RELAY	Lyle/I Shuck/Engbrecht/Ireland	3:59.20	2012
	Sanftner/Takahashi/Tierney/Ireland	4:04.46	2011
	Lyle/I Shuck/Engbrecht/Peterson	4:06.85	2013
	Barden/Watson/Engel/Maynard	4:07.00	2006
	Stock/Shaw/Gerberding/Bennett	4:07.14	2017
	Ireland/Peterson/Engbrecht/Lyle	4:07.22	2013
	Ireland/Peterson/I Shuck/Lyle	4:07.28	2012

9th	I Shuck/H Peterson/Wilson/Engbrecht	4:10.88	2012
3200 RELAY	Peterson/Potts/Takahashi/Ireland	9:31.01	2009
	Peterson/Takahashi/Ireland/Meirose	9:31.89	2010
	Engel/Potts/Barden/Takahashi	9:36.27	2007
	Zylstra/Hamer/Willnerd/N. Dinkins	9:39.05	2022
	Potts/Pratt/Barden/Takahashi	9:44.68	2008
	N. Dinkins/Zylstra/K. Dinkins/Hamer	9:44.93	2022
	Peterson/H Peterson/Engbrecht/Lyle	9:48.91	2012
9th	Peterson/Mutchler/Anderson/Ireland	10:02.14	2011
MEDLEY	Steeves/Jolley/Stock/Bennett	4:14.07	2017
	Vansickle/Watson/Maynard/Engel	4:14.54	2006
	Fjelstad/Jones/Dennis/N. Dinkins	4:14.67	2022
	Keffeler/Watson/Barden/Engel	4:15.35	2008
	Sanftner/Keffeler/Ireland/Takahashi	4:16.06	2009
	Dennis/Fjelstad/N. Dinkins/Hamer	4:17.01	2022
	Shaw/Steeves/Stock/Bennett	4:19.12	2018
	Tierney/Shuck/Peterson/Takahashi	4:20.23	2011
	Dennis/Marler/N. Dinkins/Zylstra	4:21.59	2022
Dennis/Jones/Marler/Willnerd	4:22.65	2021	
9th	I Shuck/Lyon/H Peterson/Engbrecht	4:31.60	2012