

SWMS/SIS DAILY NEWS

Wednesday, October 30th, 2019

LUNCH MENU

Wednesday

Breakfast – Scrambled Eggs & Toast or Cinnamon Bread

Lunch – Pasta Day Choices: Chicken Alfredo or Spaghetti & Meatballs, Toss Salad, Carrots, Breadstick

Grab N Go Box – Seven Layer Salad

Thursday

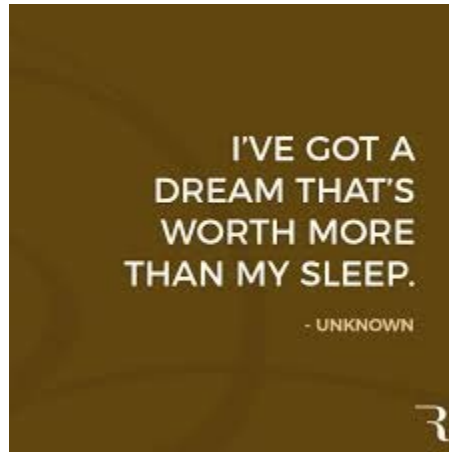
Breakfast – Biscuit & Gravy or Chef’s Choice

Lunch – Chicken Drumstick or Corn Dog, Mac & Cheese, Steam Broccoli

Grab N Go – Chicken Chef Salad

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Inspirational Quote:



Joke: What do Italian hosts have for dinner?

The end of the quarter was Friday, October 25th Report Cards will go home

Thursday, October 31st

No School Friday, November 1st Teacher Inservice

Request for Sturgis area students:

On Saturday, November 2nd the Sturgis Kiwanis Food Pantry will be sponsoring the annual Food Drive that is essential to the functioning of the Food Pantry here in Sturgis and Meade County. Food collected with this drive will be essential to the functioning of this food source for the upcoming months. It's important to know that this drive assures the availability of food on our pantry shelves. We need your help to assure our success. We need runners and drivers to help in the Grocery pick up effort. This is actually a fun thing to do especially if you do it with a couple of your friends. It only takes a little over an hour and the job is done. You will feel great knowing you have done a service to people in your community. Here is what to do: Show up at

the Catholic Church Hall at 9:45 am Saturday Bring a friend or two and a driver and we'll give you a map and send you on a route within Sturgis city. We will have free coupons for fast food for youth workers too!

Starting this week, you will now be charged a fine for your library books if they are more than 7 days overdue. The fine will be \$.05 per day. Please start being responsible for your library books...the library is super accessible, so you can return or renew your books easily!

Chamber's Crypt Haunted House

We have \$1 off coupons for the Chamber's Haunted House that will be held October 25th, 26th, 30th, and 31st in the basement of the Sturgis Armory admission \$5

Red Ribbon Week begins today!

October 28th-31st

Wednesday: Put a cap on drugs!

Wear a cap for \$1

& take the pledge in the cafeteria

Thursday: Scare away drugs

Halloween Costume contest and Dance

Your costume may not contain blood or weapons. No masks or face paint. It must be culturally sensitive.

1 champion from each grade for best costume

Winners receive a free drink, candy, and popcorn from the concession stand

****Concessions will be open during the dance****

Flu Shots

The Meade County health nurse will provide student flu shots to Sturgis Williams Middle School Friday, November 8 12:30pm-3:30pm

Sports Announcements

Congratulations to the Cheer and Dance Team on a successful season



Congratulations to Girls All-Conference soccer team: 1st team: Jessica Matthews, Emilee Willey, Glory Christianson, Payton Hedderman and Morgan Jost Honorable mention: Mairen McGrath & Emma Mostert

Congratulations to the boys cross country team on their 9th place team award at State this weekend. Nate Andersen was our medalist at 24th place. Way to go Scoopers! Congrats also to our girls cross country team on a great season. We are proud of you!

The Scoopers will host Mitchell on Thursday, October 31, 2019 at 6 pm mountain time at Woodle Field in the first round of the SDHSAA AA Playoffs.

1. Ticket prices will be \$7 for Adults and \$5 Students.
2. NO PASSES OF ANY KIND WILL BE ACCEPTED
3. You can purchase your tickets ahead of Thursday night by going to <https://gofan.co/app/school/SDHSAA> . These will be verified at the gate.

The high school football team is looking for four ball boys for Thursday night's game. The students who volunteer for this will get in free. For more information contact coach Shrock

Sturgis AAU Youth Wrestling Signup information should have gone home with you yesterday. There is a parent meeting Nov. 12th at the Sturgis Community Center or November 14th at Stagebarn Middle School Lobby time for both meetings are 5:30.

Sturgis Community Center Dance Team information should have gone home with you. Practices begin November 1st. Stop by the Sturgis Community Center to register.



Attention 8-11 Grade SWMS/SBHS Football Player:

Coming Soon....

End of the Season Team Lifting and Competitions!!!

3 Senior Football Players Are Hosting This Fun Event for Their Senior Project!

– Dylan Gillespie, Trevor Keierleber, Trevor Erlenbusch

Purposes of This Fun Event:

1. Get the Team (8-12) Together to Have Some Fun Through Competitions and Contests to Build Team Spirit and Unity.
2. Older Football Players Helping Younger Players w/Their Lifting Technique and Goals So They Can Use This Info to Lift Off-Season When Ready.

Note: This Event is Not Mandatory.

Event Details - Fall Football Team Lifting & Competitions – 8th Annual

Who: All 8-11th Grade Athletes Who Are Planning on Playing Football Next Fall

What: Lift Together w/Your Football Team & Compete in Contests

When: 5 Days of Lifting & Competitions (3:20-5)

Week 1: (11/5, 11/6, 11/7) – Tuesday & Wednesday, Thursday

Week 2: (11/12 & 11/13) – Tuesday & Wednesday

Where: SBHS Weight Room

Why: Build Teamwork and Enhance Good Lifting Technique for Offseason

- *Dylan Gillespie, Trevor Keierleber, & Trevor Erlenbusch are hosting this event for their senior experience with the help of advanced lifting football players/students.*
- *There will be maxing and contests!*
- *The Senior Football Players (above) and Sage are looking for Junior and Senior Football Players and Upper-Level Fitness Students to volunteer to be mentors for this clinic and you will receive a volunteer certificate for your participation. If you have questions – ask the people above.*
- **All football players and volunteer mentors should be in the weight room- dressed in lifting clothes and ready to go by 3:20 on Tuesday, Nov 5th!**



Answer: Spook-hetti