

Meal Prices:**Breakfast:**

Student—\$1.90

Adult—\$2.25

Meal Prices:**Lunch:**

Student—\$2.85

Adult—\$3.75



Menu items
subject to change
without notice

FREE AND REDUCED APPLICATIONS CAN BE FOUND AND SUBMITTED SECURELY ONLINE AT:

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AND SIGN UP FOR LOW BALANCE NOTICES

2019 BREAKFAST STURGIS/WHITEWOOD/PIEDMONT/MIDDLE SCHOOL

BREAKFAST INCLUDES DAILY: FRUIT , JUICE AND A VARIETY OF MILK **YOGURT, CEREAL, BAGEL AND TOAST OFFERED AS DAILY ENTREES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL LABOR DAY	3 A: French Toast Sticks B: Sausage Egg Omelet (Frittata)	4 A: Scrambled Eggs & Toast B: Cinnamon Bread	5 A: Biscuit & Gravy B: "Cinni Minni's"	6 A: Smoothie B: Scones
9 A: Egg & Cheese Mini John B: Banana Bread	10 A: Cheese Omelet, Sausage & Toast B: Mini Pancakes	11 A: Cinn. & Sugar Toast B: Pancake on a Stick	12 A: Cinnamon Roll B: Breakfast Pizza	13 A: Cheesy Eggs & Toast B: Cinnamon Bread
14 A: Waffles B: Egg & Cheese Mini John	15 A: Cheesy Eggs & Toast B: Long John	16 A: "Cinni Minni's" B: Cheese Omelet & Toast	17 A: Yogurt Parfait B: Choc.Chip Oatmeal Breakfast Bar	18 A: Smoothie B: Scones
23 A: Cinnamon Sugar Toast B: Scrambled Eggs & Toast	24 A: Cheese Omelet & Toast B: Banana Bread	25 A: Cinnamon Bread B: Yogurt Banana Split	26 A: Egg & Cheese Biscuit B: Long John	27 A: Waffles B: Sausage Egg Omelet (Frittata)
30 A: Cheese Omelet & Toast B: Long John	1 A: French Toast Sticks B: Sausage Egg Omelet (Frittata)	2 A: Scrambled Eggs & Toast B: Cinnamon Bread	3 A: Biscuit & Gravy B: "Cinni Minni's"	4 A: Smoothie B: Scones

"THIS ORGANIZATION IS AN EQUAL OPPORTUNITY PROVIDER"

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September

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2019 LUNCH STURGIS/WHITEWOOD/PIEDMONT ELEMENTARY/MIDDLE SCHOOLS

Fruit and a variety of milk, grab and go salad and sandwiches will be offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL Labor Day	3 PASTA DAY Choices: Chicken Alfredo Spaghetti & Meatballs Toss Salad, Carrots, Breadstick GNG: Seven Layer Salad	4 A: Mini Corn Dogs B: Chicken Strips T-Roll, Mashed Potato, Gravy, Steam Carrots GNG: Ham & Cheese Sand.	5 Walking Taco Beef or Fajita Chicken Chips, Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick GNG: Chicken Chef Salad	6 Bacon Cheeseburger Bun, Lettuce, Tomato, Fries, Broccoli GNG: Chefs Choice
9 A: Tomato Soup, B: Chicken Noodle Soup Grilled Cheese Sandwich Toss Salad, Peas GNG: Chicken Salad Sandwich	10 A: Popcorn Chicken B: Country Fried Steak Mashed Potato, Country Gravy, Steam Broccoli, T-Roll GNG: Ham & Cheese Sandwich	11 A: Hamburger Deluxe B: Chicken Patty Bun, Lettuce, Tomato, Baked Beans GNG: Tuna Salad Sandwich	12 Chicken Strips & Waffles Potato Rounds, Carrots GNG: Egg Salad Sandwich	13 A: Cheese Pizza B: Calzone Toss Salad, Carrots & Celery GNG: Chefs Choice
16 A: Mini Corn Dogs B: Chicken Strips Cheesy Peas, Potato Smiles, T-Roll GNG: Chicken Salad Sandwich	17 Taco Salad w/Dressing BEEF or CHICKEN Corn Chips, Lettuce, Tomato, Cheese, Refried Beans, Cinnamon Breadstick GNG: Seven Layer Salad	18 A: Meatball Sub B: Rib Patty/Bun (Elementary) B: Buffalo Chicken Sub (Middle Schools) Steam Broccoli Sweet Potato Fries GNG: Chicken Chef Salad	19 A: Lasagna B: Chicken Nuggets Breadstick, Toss Salad, Carrots GNG: Tuna Salad Sandwich	20 Chili Dog or "Bowl of Chili" w/ Crackers Fries, Corn, Mini Cinnamon Roll GNG: Chefs Choice
23 A: Hamburger Deluxe B: Chicken Patty Bun, Lettuce, Tomato, Baked Beans GNG: Chicken Salad Sandwich	24 A: Cheese Hot Dog/Bun B: Cheese Steak/Bun Potato Roasters, Baby Carrots GNG: Ham & Cheese Sandwich	25 PASTA DAY Choices: Chicken Alfredo Spaghetti & Meatballs Toss Salad, Carrots, Breadstick GNG: Seven Layer Salad	26 A: Chicken Drumstick B: Corn Dog Mac & Cheese, Steam Peas GNG: Chicken Chef Salad	27 French Toast, Sausage Links, Potato Rounds, Baby Carrots GNG: Chefs Choice
30 A: Fish Nuggets B: Chicken Nuggets Fries, T-Roll, Fresh Spinach Salad, Sugar Cookie GNG: Turkey Sandwich	1 Super Nacho BEEF or CHICKEN Chips, Lettuce, Tomato, Refried Beans, Nacho Cheese, Cinnamon Sugar Breadstick GNG: Seven Layer Salad	2 A: Popcorn Chicken B: Country Fried Steak Mashed Potato, Country Gravy, Steam Broccoli, T-Roll GNG: Ham & Cheese Sandwich	3 A: Teriyaki Chicken B: Tangerine Chicken Stir Fry Vegetables, Baby Carrots, Steam Rice GNG: Chicken Chef Salad	4 A: Cheese Pizza B: Calzone Toss Salad, Carrots & Celery GNG: Chefs Choice

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