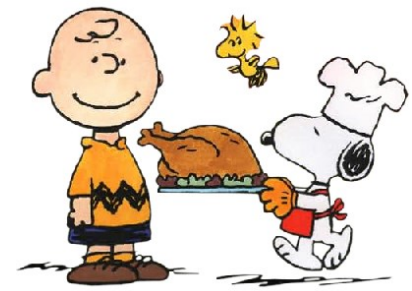




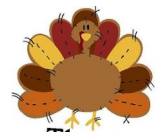



November



2018 Lunch Sturgis/Whitewood/Piedmont/Middle School

Fruit and a variety of milk, grab and go salad and sandwiches will be offered daily.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	28 A: Rib Patty/Bun B: Hot Dog/Bun Baked Beans, Mashed Sweet Potato GNG: Egg Salad Sandwich	29 A: Pulled Pork/Bun B: Hamburger/Bun Fries, Steam Peas GNG: Chicken Chef	30 A: Lasagna B: Pizza Toss Salad, Baby Carrots, Garlic Breadstick GNG: Chicken Salad on Ciabatta Bread	1 A: Popcorn Chicken B: Steak Sticks Mashed Potato, White Gravy Steam Broccoli, T-Roll GNG: Seven Layer Salad	2 In-Service NO SCHOOL	Breakfast Includes: Half-pint Milk Fruit or Juice
Free & Reduced Applications are available at all school offices	5 A: Meatloaf B: Chicken Nuggets Mashed Potato, Gravy, Slice Bread, Green Beans GNG: Chef Salad w/Chicken	6 A: Tomato Soup, B: Chicken Noodle Soup Grilled Cheese Sandwich Carrots & Celery GNG: Chicken Salad on Ciabatta Bread	7 Walking Taco Chicken or Beef Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick GNG: Seven Layer Salad	8 A: Crispy Chicken Sandwich B: Egg, Sausage Cheese Biscuit Hash browns, Carrots GNG: Turkey Cheese Sandwich	9 A: Pocket Pizza B: Lasagna Toss Salad, Breadstick Fresh Broccoli GNG: Ham Chef Salad	Lunch Includes: Half-pint Milk
	12 PASTA DAY Choices: Chicken Alfredo Spaghetti & Meatballs Toss Salad, Carrots GNG: Egg Salad Sandwich	13 A: Chicken Strips B: Fish Nuggets Fries, Broccoli, T-Roll GNG: Chicken Chef Salad	14 A: Tater Tot Casserole & Breadstick B: Meatball Sub & Potato Roasters Green Beans GNG: Tuna Sandwich	15 A: Country Fried Steak B: Chicken Patty Mashed Potato, White Gravy, Carrots T-Roll GNG: Ham Chef Salad	16 Beef or Chicken Quesadilla Lettuce, Tomato's Refried Beans, Cookie GNG: Turkey Cheese Sandwich	Seasonal fruit offered daily
	19 A: Super Nacho Lettuce, Tomato, Nacho Cheese, Fiesta Beans, Cinnamon Breadstick GNG: CHEFS CHOICE	20 A: Chicken Drumstick B: Turkey Roast Mashed Potato/Gravy, T-Roll, Steam Broccoli Cookie GNG: CHEFS CHOICE	21  NO SCHOOL	22  Happy Thanksgiving	23 NO SCHOOL	Meal Prices: Breakfast— Student—\$1.90 Adult—\$2.15
	26 A: Chicken Strips B: Country Fried Steak Mashed Potato/Gravy, Broccoli, T-Roll GNG: Chicken Chef Salad	27 A: Terr. Chicken B: Orange Chicken Stir Fry Vegetables, Baby Carrots, Rice Fortune Cookie GNG: Turkey Cheese Sandwich	28 Beef Tacos *Choose: Chips or Tortilla, Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick GNG: Tuna Sandwich	29 A: Hamburger/Bun B: Mini Corn Dog Green Beans, Fries GNG: Chicken Salad on Ciabatta Bread	30 A: Hot Dog/Bun B: Pulled Pork/Bun Mac & Cheese, Baby Carrots & Celery GNG: Ham Chef Salad	Lunch— Middle/Elem only Student—\$2.85 Adult—\$3.65 Juice—\$.50 Ala Cart


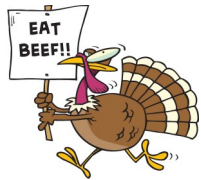


• GNG = Grab and Go Boxes



November



2018 Breakfast Sturgis/Whitewood/Piedmont/Middle School
Daily Breakfast includes fruit, juice and a variety of milk
 **Yogurt, Cereal, Bagel and Toast offered as daily entrees.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	29 A: Egg & Cheese Mini John B: Cinnamon Bread	30 A: Flavored Pancakes B: Cheese Omelet & Toast	31 A: Cinnamon & Sugar Toast B: Pancake On A Stick	1 A: Cinnamon Roll B: Breakfast Pizza	2 NO SCHOOL	Breakfast Includes: Half-pint Milk Fruit or Juice
	5 A: Cheese Omelet & Toast B: Long John	6 A: French Toast Sticks B: Sausage, Egg & Cheese	7 A: Scrambled Eggs B: Cinnamon Bread	8 A: Biscuit & Gravy B: Cream Cheese Bagel	9 A: Breakfast Pizza B: Mini Donuts	Lunch Includes: Half-pint Milk
	12 A: Egg & Cheese Mini John B: Banana Bread	13 A: Cheese Omelet & Toast B: Flavored Pancake	14 A: Cinnamon & Sugar Toast B: Pancake on a Stick	15 A: Cinnamon Roll B: Breakfast Pizza	16 A: Cheesy Eggs & Toast B: Honey Bun	Seasonal fruit offered daily
Free & Reduced Applications are available at all school offices	19 A: Scrambled Eggs & Toast B: Long John	20 A: Flavored Pancakes B: Egg & Cheese Biscuit	21  NO SCHOOL	22 	23 NO SCHOOL	Meal Prices: Breakfast— Student—\$1.90 Adult—\$2.15
	26 A: Egg & Cheese Mini John B: Cinnamon Bread	27 A: Cheese Omelet & Toast B: Flavored Pancake	28 A: Cinnamon & Sugar Toast B: Pancake on a Stick	29 A: Cinnamon Roll B: Breakfast Pizza	30 A: Cheesy Eggs & Toast B: Honey Bun	Lunch- Middle/Elem only Student—\$2.85 Adult—\$3.65 Juice—\$.50 Ala Cart