

**Meal Prices:**  
**Breakfast:**  
 Student—\$1.90  
 Adult—\$2.25

# December






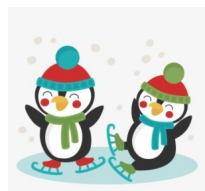

**Meal Prices:**  
**Lunch:**  
 Student—\$2.85  
 Adult—\$3.75  
**Ala Carte:**  
 Milk/Juice \$.50

FREE AND REDUCED APPLICATIONS CAN BE FOUND AND SUBMITTED SECURELY ONLINE AT:  
[MYSCHOOLAPPS.COM](http://MYSCHOOLAPPS.COM)

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## 2019 BREAKFAST STURGIS/WHITEWOOD/PIEDMONT/MIDDLE SCHOOL

BREAKFAST INCLUDES DAILY: FRUIT , JUICE AND A VARIETY OF MILK \*\*YOGURT, CEREAL, BAGEL AND TOAST OFFERED AS DAILY ENTREES\*\*

|   |   |   |   |  |
|---|---|---|---|--|
| 2<br>A: Egg & Cheese Biscuit<br><br>B: Banana Bread                                       | 3<br>A: Cheese Omelet, Sausage & Toast<br><br>B: Mini Pancakes                            | 4<br>A: Cinnamon & Sugar Toast<br><br>B: Pancake on a Stick                               | 5<br>A: Cinnamon Roll<br><br>B: Breakfast Pizza   | 6<br>A: Cheesy Eggs & Toast<br><br>B: Cinnamon Bread                                       |
| 9<br>A: Waffles<br><br>B: Egg & Cheese Biscuit  | 10<br>A: Cheesy Eggs & Toast<br><br>B: Long John  | 11<br>A: Flavored Muffin<br><br>B: Cheese Omelet & Toast                                  | 12<br>A: Yogurt Parfait<br><br>B: Choc. Chip Oatmeal Breakfast Bar                          | 13<br>A: Smoothie<br><br>B: Scones   |
| 16<br>A: Cinnamon Sugar Toast<br><br>B: Scrambled Eggs & Toast                            | 17<br>A: Cheese Omelet & Toast<br><br>B: Banana Bread                                     | 18<br>A: Cinnamon Bread<br><br>B: Yogurt Banana Split                                     | 19<br>A: Egg & Cheese Biscuit<br><br>B: Long John   | 20<br>A: Waffles<br><br>B: Breakfast Wrap  |
| 23<br> | 24<br> | 25<br> | 26<br> |  |
| 30<br>  | 31<br> | 1<br>  | 2<br>   | 3<br> |

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Menu items subject to change.

**Meal Prices:**

**Breakfast:**

Student—\$1.90

Adult—\$2.25

**Meal Prices:**

**Lunch:**

Student—\$2.85

Adult—\$3.75

**Ala Carte:**

Milk/Juice \$.50



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**2019 LUNCH STURGIS/WHITEWOOD/PIEDMONT ELEMENTARY/MIDDLE SCHOOLS**

**Grab’N’Go Sandwich and Salad Choices offered Daily, along with Milk and Fruit.**

|   |   |   |   |   |
|---|---|---|---|---|
| 2 Hamburger Deluxe or Chicken Patty Sandwich with Lettuce, Tomato, Assorted Vegetables Baked Beans          | 3 Cheese Steak Sandwich or Cheesy Hot Dog With Jo-Jo Potato's and Steamed Carrots   | 4 <i>PASTA DAY</i> Choices: Chicken Alfredo or Meatballs and Marinara over Pasta With Toss Salad, Carrots, and a Breadstick | 5 Chicken Drumstick or Corn Dog With Macaroni and Cheese and Steamed Peas   | 6 French Toast and Sausage Patty Hash Brown Rounds, Baby Carrots and Oranges  |
| 9 Potato Crunch Fish Nuggets or Chicken Nuggets with Fries, T-Roll, Fresh Spinach Salad, and a Sugar Cookie | 10 <i>SUPER NACHOS</i> BEEF or CHICKEN With Chips, Lettuce, Tomato, Refried Beans, Nacho Cheese, Salsa, and a Cinnamon Sugar Breadstick | 11 Popcorn Chicken or Country-Fried Steak with Mashed Potatoes, Country Gravy, Steamed Broccoli, T-Roll and Butter          | 12 Teriyaki Chicken or Tangerine Chicken with Stir Fry Vegetables over Steamed Rice, Baby Carrots & Oranges, and a Fortune Cookie | 13 Cheese Pizza or Calzone with Marinara Sauce With Tossed Salad and Fresh Veggies, Ranch, and a Fruit Slushie<br><u>PVE CONCERT DAY MENU</u><br>Grab Bag: Ham or Wowbutter Sandwich, String Cheese, Finger Veggies and Ranch, Applesauce Cup, Rice Krispie Treat |
| 16 Mr. Rib Sandwich or Chicken Patty Sandwich with Potato Smiles and Cheesy Broccoli                        | 17 <i>PASTA DAY</i> Choices: Chicken Alfredo or Meatballs and Marinara over Pasta With Fresh Spinach Salad, Carrots, and a Breadstick   | 18 Mini Corn Dogs or Chicken Strips With Mashed Potatoes and Gravy, Steamed Carrots and a T-Roll and Butter                 | 19 <i>WALKING TACO</i> BEEF or CHICKEN with Chips, Lettuce, Cheese, Tomato, Refried Beans, Salsa, and a Cinnamon Bread Stick      | 20 Bacon Cheeseburger with Lettuce and Tomato, Fries, and Green Beans   |
| 23                       | 24   | 25                                       | 26 <b>CHRISTMAS BREAK</b>                    |   |
| 30                       | 31   | 1                                        | 2   | 3    |