

SWMS/SIS DAILY NEWS

Thursday, November 1, 2018

LUNCH MENU

Thursday

Breakfast – Cinnamon Roll or Breakfast Pizza

Lunch – Popcorn Chicken or Steak Sticks w/mashed potato, white gravy, steamed broccoli, & t-roll

Grab N Go Box – Seven Layer Salad

Monday

Breakfast – Cheese Omelet & toast or Long John

Lunch – Meatloaf or Chicken Nuggets w/mashed potatoes gravy, sliced bread, and green beans

Grab N Go Box – Chef Salad w/chicken

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Inspiration: A moment of patience in a moment of anger saves you a hundred moments of regret

Joke: Where do dogs hate shopping?

8th graders until your behavior improves you will no longer be allowed to have your cell phones in lunch or purchase Cherry Berry

Found on Friday a ring. You may claim in the office.

Found on Tuesday in the hallway a set of earbuds & a necklace both may be claimed in the office.

"MS TAG classes meet Thursday, November 1"

"Chess Club for grades 5-8 will meet monthly beginning Monday, November 12 in the SWMS Library from 3:25-4:30. Participants need to be picked up by 4:30. If interested in attending, please pick up a Chess Club application in the SWMS office and return it by November 9. Contact Laura Sandness at Laura.Sandness@k12.sd.us for additional information."

Knowledge Bowl practice Thursday, November 1st in the band room from 3:30 to 4

Good Luck to the middle school Knowledge Bowl team as they compete in Regionals on Saturday

7th grade students who are interested in being involved with TATU for this school year - See Mrs. Serbo ASAP to get signed up!

Current 7th Grade Students:

If you are currently a 7th-grade student and would like to begin making plans to travel to Washington, DC, and New York, the summer following your 8th-grade year, plan now to attend an informational meeting and sign-up on **Monday, November 5, 2018**. The meeting will be held in the SWMS cafeteria beginning at 5:30 PM. Invitations to the meeting and information for parents will be available soon. Skinner/Cass

Current 8th Grade Students:

If you are currently an 8th-grade student and would like to travel to DC and Philadelphia at the end of May, there is still time to sign up for the trip. See Mrs. Skinner or Mr. Cass very soon.

No School Friday, November 2 – Teacher Inservice

Remember to turn your clock back one hour this Saturday, November 3

Do you have a Veteran in your family?? Would you like to honor them this Veteran's Day? The following are some things that you can do.

1. Bring a photo of your Veteran to be put on our Wall of Freedom outside the library. You can bring them anytime – starting tomorrow – deadline is November 2.
2. Invite them to our assembly to honor our Veteran's. 2:00 – November 9. This year's honorees are the Women in the Military, but ALL Veterans are welcome to attend.

If you are interested in any of these – there is more information in the office.

Help Needed: KIWANIS FOOD DRIVE meet at the St. Frances Catholic Church on Saturday November 3 to pick up the food bags. You can either come by yourself or get 3-4 of your friends and make a team! This is the biggest food drive of the year and we need plenty of volunteers. It will take about 2 hours. Contact Mrs. Nonnast with further questions

The **Delta Dental bus** is coming to SWMS/SIS November 5th – 9th Letters on what this is were sent home last week with you. If you are in need of a dentist please return form soon

Congratulations to the Red ribbon Week Art Winners: Thank you to everyone that participated. The artwork was so great that we couldn't narrow it down to 8 participants.

1st place: Emma Weiss

Honorable Mentions:

Madison Soyland, Gabbie Weiss, Dayton Birsdall, Abigail Westberg, Presley Johnson, Brooke Holly, Paige McNabb, Landon Meirose, Dawson Harwood, Nellie Wetsit, Jess Teigan

Winners: you will be called down during 7th hour on Thursday, November 3rd. Everyone who won needs to come see Mrs. Cammack before Wednesday at 3:30pm. Congrats and don't forget to participate in Veteran's Day art competition, papers and examples are in Mrs. Cammack's room.

Sports Announcements:

Good Luck: to the 7th & 8th grade girls' basketball team as they compete against Newell Thursday, November 1st in Newell game times: 4:15 and 5:30

Please release 8th grade B basketball players at 2:50 on Thursday 11/1/18 for their game in Newell.

Good Luck: to the SWMS wrestlers as they compete in Belle Fourche on Friday, November 2 match time 3:00 pm

Good Luck to: the choir as they sing the National Anthem at the Harlem Globetrotters game tonight

Congratulations to Kylee Phillips and Owen Koontz on earning their 2-degree Black Belts in Taekwondo and Austin Atyeo, Ella Atyeo and Talon Koontz on earning their Black Belts this weekend at the Taekwondo Testing!

Good Luck: to Morgan Jost at the ALDI Heartland Invitational Soccer Tournament in Kansas City. #goaliegirlsrock

The following people still need to turn in their cross-country uniforms:

Jessica Garcia-Pena, Zaiden Hansen, Grace Hill, Kain Peters, Lil' Gene Limpy, Ashton Tussing, Annabella Ulrich, Daniel Voight, and Ava Chiller

Attention all Runners and or Walkers: There are registration forms in the library for a couple of upcoming local 5k races. Come and get them!

3X3 basketball tournament Saturday November 3 SBHS West & East gyms \$30 per team if paid by October 31 3 players/minimum 5 players max Pool to bracket play Admission is \$2 Open to boys & girls grades 6-12 in four divisions: HS girls/HS boys, MS boys & MS girls. Winners of each division will receive tshirts provided by Sacred Hoops. All proceeds go to the Sacred Hoops AAU basketball program. Contact Haley Lambert @ lambehal@meadeschools.org for more information Bus 141 or 143 will take you to the high school

End of season team lifting & competitions! Manny Gallosa, Mitchell Knutson & Cedrick Stabber are hosting this fun event for their senior project! Purpose: Get the team together for some fun competitions and contests to build team spirit & unity. Older players helping younger players with techniques and goals to use going forward in the off season. WHO: 8-11 athletes planning on playing football next fall. WHEN: 5 days of lifting & competition Week 1: 10/29 & 10/31 Week 2: 11/5, 11/7 & 11/9 WHERE: SBHS weight room WHY: Build teamwork & enhance good lifting technique for the off-season

Pictures: Wrestling and Girls' Basketball Pictures will be Monday, November 5

If you have any news or pictures, please email them to me at: cindy.ferguson@k12.sd.us

Remember: The Middle School collects box tops, Lynn & Grocery Mart grocery receipts, and pop tops

Answer: A flea market

The high school art department is collecting lids of any type for an art project