

# SWMS/SIS DAILY NEWS

**Monday, January 11, 2021**

**Today is a Red Day on the Schedule**

## **LUNCH MENU**

### **Monday**

**Breakfast** – Breakfast Pizza or Mini Pancakes

**Lunch** – Chicken Patty Deluxe, Baked Beans, Crinkle French Fries, Fruit, Milk

### **Tuesday**

**Breakfast** – Smoothie & Granola or Pop Tart

**Lunch** – Philly Steak Sandwich or Big Dog w/Bun, Cheese Sauce, Steamed Peas, Jo-Jo Potato Wedge, Fruit, Milk

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## **Inspirational People:**



The Cleveland Browns, who won their 1<sup>st</sup> postseason appearance since 2002 They did this without their head coach who was quarantining due to COVID-19.

**Joke:** Why did the kid throw his clock out the window?

**Interesting Fact:** Your brain synapses shrink while you sleep. A 2003 study from the University of Wisconsin-Madison Center for Sleep and Consciousness was on mice to observe what happens to our brains while we sleep. Dr Cirelli and Dr. Tononi found an 18% decrease in the size of synapses after a few hours of sleep. Don't worry, though, your brain shrinking at night actually helps your cognitive abilities.

**The end of 2<sup>nd</sup> quarter is Friday, January 22<sup>nd</sup>  
New Flex Encore Classes will start on the 26<sup>th</sup>**

## **Lost and Found**

Please, check out the lost and found. Any items not claimed by Friday, January 22<sup>nd</sup> will be donated.

## **Activities**

Boys' Basketball pictures will be Friday, January 15<sup>th</sup>

### **Guadalajara Classic Soccer Tournament Results**

Sturgis Select U12 Coed Red 2<sup>nd</sup> place in Boys Gold Division

Sturgis Select U12 Coed White 1<sup>st</sup> place in Boys Silver Division

United U16 1<sup>st</sup> place in Silver Division

SFC U14 Red lost 2 and tied one

SFC U14 Black lost all 3

Mayer U12 lost 2 and tied one

U12 Sjomeling lost 2 and tied one

SSC U16 won 2 and lost in the semifinals

**Congratulation** to the 7<sup>th</sup> grade girls traveling Scooper Basketball team on their 7<sup>th</sup> place finish in the Holiday Classic Tournament

**Congratulation** to the 6<sup>th</sup> grade girls traveling Scooper Basketball team, Coaches Vliem and Coach Heikes, on their 2<sup>nd</sup> place finish in the Holiday Classic Tournament

A shout out the Sturgis Swim Team on their nice showing at the Lead/Deadwood Swim Meet this past weekend no team scores were kept

A shout out to all the AAU wrestlers on their nice showing in the Sturgis Scramble this past weekend

**Congratulations** to Olivia Evens who won the Knights of Columbus free throw competition yesterday in the 10-year-old girl division. She has a chance to go to state.

**Answer:** He wanted to see time fly! (courtesy of Zayden Apland)

If you have any news, pictures, or jokes you would like to see in the announcements please email [cindy.ferguson@k12.sd.us](mailto:cindy.ferguson@k12.sd.us)