



November



LUNCH

Sturgis/Whitewood/Piedmont/ Middle School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	30 Chicken Nuggets, Potato Roasters, T-Roll, Peaches, Steam Broccoli, Variety Milk	31 Taco Salad w/Dressing, Chips, Lettuce, Tomato, Cheese, Refried Beans, Pineapple, Breadstick, Variety Milk	1 Meatloaf, Mashed Potato/Gravy, Corn, Mix Fruit, T-Roll, Variety Milk	2 Tomato Soup, Grill Cheese, Carrots & Celery, Pear, Variety Milk	3 NO SCHOOL	
Breakfast includes: Half-pint milk Fruit or Juice	6 Chicken Strips, Mashed Potato/Gravy, Broccoli, Peaches, T-Roll, Variety Milk	7 Hot Dog, Bun, Chips, Carrots & Celery, Apple, Variety Milk	8 Walking Taco, Chips, Lettuce, Cheese, Tomato, Refried Beans, Pineapple, Cinn. Bread Stick, Variety Milk	9 Hamburger, Bun, Green Beans, Fries, Mix Fruit, Variety Milk	10 Terr. Chicken, Stir Fry Vegetables, Rice, Baby Carrots Mand. Oranges, Fortune Cookie, Variety Milk	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
Lunch includes : Half-pint milk	13 Corn Dog, Fries, Steam Carrots, Pears, Variety Milk	14 Chicken Fries, Mashed Potato/ Gravy, Steam Broccoli, Peaches, T-Roll, Variety Milk	15 Taco Burger, Bun, Lettuce, Sl. Tomato, Cheese, Tatar Tots, Pineapple, Variety Milk	16 Hamburger, Bun, Baked Beans, Fries, Apple, Variety Milk	17 Cheese Pizza, Toss Salad, Baby Carrots, Celery, Fruit Cup, Variety Milk	To file a complaint of discrimination, write USDA, Director, Office of
Meal Prices: Breakfast — Student — \$1.90 Adult — \$2.15	20 Super Nacho, Chips, Lettuce, Tomato, Nacho Cheese, Refried Beans, Pineapple, Variety Milk	21 Chicken Drumstick, Mashed Potato, Gravy, Broccoli, Peaches, T-Roll, Variety Milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC. 20250-9410 or call 1-800-795-3272 <u>Menu items are subject to change without notice.</u> Food Service Office 605-347-3601
Lunch — Middle / Elem only Student — \$2.85 Adult — \$3.55 Juice—.50 Ala Cart	27 Walking Taco, Chips, Lettuce, Tomato, Cheese, Refried Beans, Pineapple, Variety Milk	28 Chicken Patty, Bun, Steam Carrots, Potato Smiles, Mix Fruit, Variety Milk	29 Popcorn Chicken, Mashed Potato/Gravy, Steam Broccoli, Grapes, T-Roll, Variety Milk	30 Spaghetti & Meatballs, Toss Salad, Breadstick, Carrots, Peaches, Variety Milk	1 Chicken Nuggets, Potato Roasters, Corn, Pears, T-Roll, Variety Milk	Chef Salads and sandwiches will be offered daily



November 2017 BREAKFAST

Sturgis/Whitewood/Piedmont/ Middle School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	30 French Toast/ Cinnamon Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	30 Cinnamon & Sugar Toast/Donut Holes/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	1 Cheese Omelet & Toast/ Banana Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	2 Egg & Cheese Biscuit/Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	3 NO SCHOOL	
Breakfast includes: Half-pint milk Fruit or Juice	6 Egg & Cheese Biscuit/Cinn. Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	7 Flavored Pancakes/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	8 Cinn. & Sugar Toast/ Honey Bun/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	9 Scrambled Eggs & Toast/ Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	10 Cinnamon Roll/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	In accordance with Federal Law and U.S. Department of Agriculture policy, this insti- tution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
Lunch includes : Half-pint milk	13 Breakfast Pizza/ Donut Holes/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	14 French Toast/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	15 Scrambled Eggs/ Cinnamon Bread/ Yogurt/Cereal/Bagel/ Fruit, Toast, Juice & Variety Milk	16 Biscuits & Gravy/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	17 Cheese Omlet/ Long John/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	To file a complaint of discrimination, write USDA, Director, Office of
Meal Prices: Breakfast — Student — \$1.90 Adult — \$2.15	20 Waffles/ Long John/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	21 Yogurt Parfait/ Muffin/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC. 20250-9410 or call 1-800-795-3272 <u>Menu items are subject to change without notice.</u> Food Service Office 605-347-3601
Lunch — Middle / Elem only Student — \$2.85 Adult — \$3.55 Juice—.50 Ala Cart	27 Egg & Cheese Biscuit/Cinn. Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	28 Flavored Pancakes/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	29 Cinn. & Sugar Toast/ Honey Bun/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	30 Scrambled Eggs & Toast/ Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	1 Cinnamon Roll/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	Chef Salads and sandwiches will be offered daily