

**MEAL PRICES****Breakfast:**

Student - \$1.90

Adult - \$2.35

**ALA CARTE:**

Milk/Juice \$.50

# October

## Middle School 2020 Breakfast

Sturgis Williams/Stagebarn

FREE AND REDUCED APPLICATIONS CAN BE FOUND AND SUBMITTED SECURELY ONLINE AT [WWW.MYSCHOOLAPPS.COM](http://WWW.MYSCHOOLAPPS.COM)TO MAKE DEPOSITS, SEE STUDENT TRANSACTIONS AND BALANCE, AND SIGN UP FOR LOW BALANCE NOTICES AT [WWW.MYSCHOOLBUCKS.COM](http://WWW.MYSCHOOLBUCKS.COM)

BREAKFAST INCLUDES DAILY: FRUIT, JUICE AND A VARIETY OF MILK \*\*YOGURT, CEREAL, BAGEL, &amp; TOAST OFFERED AS DAILY ENTREES\*\*

			1 Yogurt Banana Split or Wowbutter & Jelly Sandwich	2 Sausage, Egg & Cheese Biscuit or Long John
5 Cheesy Tots & Eggs Bowl or Mini Pancakes	6 Cheese Omelet & Toast or Chocolate Chip Oatmeal Bar	7 Yogurt Parfait & Granola or Banana Bread	8 Sausage & Pancake on a Stick or French Toast & Syrup	9 Biscuit & Sausage Gravy or Long John
12 No School	13 Smoothie & Granola or Pop Tart	14 Cheese Omelet & Toast or Cinnamon Roll	15 Sausage & Pancake on a Stick or Waffles and Syrup	16 Biscuit & Gravy or Banana Bread
19 Breakfast Pizza or Cinnamon Sugar Toast	20 Yogurt Parfait & Granola or Cinnamon Bread	21 Sausage, Egg & Cheese Biscuit or Wowbutter & Jelly Sandwich	22 Breakfast Burrito or French Toast & Syrup	23 Cheesy Tots & Eggs Bowl or Long John
26 Sausage & Pancake on a Stick or Chocolate Chip Muffin	27 Cheese Omelet & Toast or Mini Pancakes	28 Breakfast Pizza or Chocolate Chip Oatmeal Bar	29 Biscuit & Sausage Gravy or Banana Bread	30 Yogurt Smoothie & Granola or Pop Tart

**MEAL PRICES****LUNCH:**

Student - \$3.00

Adult - \$3.85

**ALA CARTE:**

Milk/Juice \$.50

# October

**MIDDLE SCHOOL 2020 LUNCH**

Sturgis Williams/Stagebarn

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			1 Corn Dog OR Chicken Drumstick Mac & Cheese Steamed Peas Carrots Fruit & Milk Choices	2 Potato Crunch Fish Nuggets OR Popcorn Chicken Corn Chips Jo-Jo Potato Wedges Cheese Green Beans Fruit & Milk Choices
5 Lasagna OR Chicken Tender Strips Garlic Breadstick Steamed Broccoli Corn Fruit & Milk Choices Chocolate Chip Cookie	6 Walking Tacos Beef OR Fajita Chicken Doritos Refried Beans Lettuce & Tomato Salsa Fruit & Milk Choices	7 Cheese Omelet Biscuit & Country Gravy Baby Carrots Dragon Punch Juice Fruit & Milk Choices	8 Mini Corn Dogs OR Popcorn Chicken Mashed Potatoes & Country Gravy Steamed Carrots Fruit & Milk Choices	9 <b>HOMECOMING</b> Turkey Sandwich Corn Chips Carrots Craisins Dragon Punch Juice Rice Krispie Treat Milk Choices
12 No School	13 Philly Cheese Steak Sandwich OR Big Dog w/Bun Steamed Broccoli Baked Beans Fruit & Milk Choices	14 Pasta Day Spaghetti Sauce & Meatballs OR Chicken Alfredo Breadstick Tossed Salad w/Ranch Dressing Baby Carrots Fruit & Milk Choices	15 Chicken Tender Strips OR Country Fried Steak Mashed Potatoes & Country Gravy Green Beans T-Roll Fruit Slushie Milk Choices	16 Cinnamon French Toast & Syrup Sausage Patty Baby Carrots Potato Roundabouts Dragon Punch Juice Fruit & Milk Choices
19 Chicken Nuggets OR Potato Crunch Fish Nugget Crinkle French Fries T-Roll Steamed Carrots Fruit & Milk Choices	20 Super Nachos Beef OR Chicken Tortilla Chips Refried Beans Lettuce & Tomato Salsa Fruit & Milk Choices	21 Corn Dog OR Chicken Drumstick Mac & Cheese Steamed Peas Baby Carrots Fruit & Milk Choices	22 Sloppy Joe Sandwich OR Chicken Patty Sandwich Cheesy Broccoli Potato Smiles Craisins Milk Choices	23 Cheese Pizza OR Pepperoni Pizza Tossed Salad w/Ranch Dressing Baby Carrots & Celery Fruit Slushie Milk Choices
26 Lasagna w/ Garlic Breadstick OR BBQ Rib Patty Sandwich Steamed Broccoli Steamed Corn Fruit & Milk Choices Chocolate Chip Cookie	27 Asian Day Korean BBQ OR Sweet N Sour Chicken Brown Rice Stir-Fry Vegetables Baby Carrots Fruit & Milk Choices Fortune Cookie	28 Mini Corn Dogs OR Popcorn Chicken Mashed Potatoes & Country Gravy T-Roll Steamed Carrots Fruit & Milk Choices	29 Walking Tacos Beef OR Fajita Chicken Doritos Refried Beans Lettuce & Tomatoes Salsa Fruit & Milk Choices	30 Chicken Tender Strips Waffle Sticks & Syrup Potato Roundabouts Dragon Punch Juice Fruit & Milk Choices

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**

Menu items subject to change