

Sturgis Track – Boys Honor Roll

100 METERS	Daine McNenny	10.68	2009
	Matt Oxner	10.80	1995
	Jonah Pickett	10.82	2003
	Warren Howerter	10.83	1993
	Daine McNenny	10.86	2008
SOPH 9th	Matt Oxner	11.21	1993
	Coy Pflieger	11.42	2000
200 METERS	Daine McNenny	22.20	2008
	Warren Howerter	22.52	1993
	Jonah Pickett	22.59	2003
	Trevor Christman	22.76	2021
	Chris Gadsden	22.80	1984
	Adolph Shepardson	22.80	1997
SOPH 9th	Coy Pflieger	23.10	2001
	Aaron Holt	23.52	1993
400 METERS	Sam Fjelstad	49.85	2016
	Brent Pickar	49.90	1996
	Chuck Miller	50.30	1981
	Jarett Keffeler	50.38	2017
	Bob Weimer	50.40	1962
	David Snelling	50.63	1996
	Ethan Brenneman	50.66	2019
	Daine McNenny	50.90	2009
SOPH 9th	Brent Pickar	50.34	1995
	Brent Pickar	50.92	1994
800 METERS	Jacob Simmons	1:52.38	2015
	Ethan Brenneman	1:55.45	2018
	Damien Schuster	1:55.97	2009
	Brent Pickar	1:56.46	1995
	Scott Peterson	1:57.56	1985
	David Snelling	1:57.68	1996
	Jacob Simmons	1:55.07	2013
SOPH 9th	Jacob Simmons	1:56.00	2012
1600 METERS	Jacob Simmons	4:12.81	2015
	Shane Ahlers	4:24.66	2002
	Brent Pickar	4:28.14	1996
	Hunter Sprague	4:28.98	2012
	Luke Larson	4:29.68	2012
SOPH	Jacob Simmons	4:20.50	2013

9th	Jacob Simmons	4:21.74	2012
3200 METERS	Shane Ahlers	9:33.00	2002
	Jacob Simmons	9:49.41	2013
	Dennis Strong	9:50.50	1981
	Tim Fischer	9:53.15	1995
	Deron Graf	9:53.82	2022
	Rusty Molstad	9:54.40	1974
SOPH	Jacob Simmons	9:49.41	2013
9th	Jacob Simmons	9:53.36	2012
110 H HURDLES	Adolph Shepardson	14.97	1997
	Gavin West	15.11	2019
	Aiden Hedderman	15.12	2022
	Kale Gullet	15.14	1989
	LeRoy Aga	15.16	1984
	Jake Wytosick	15.27	2003
	Jim Nelson	15.30	1984
	Dennis Beug	15.30	1964
	SOPH	Aidan Hedderman	15.12
9th	Aidan Hedderman	15.52	2021
300 HURDLES	Chris Gadsden	39.77	1984
	Jim Nelson	40.06	1985
	Justice West	40.70	2017
	LeRoy Aga	40.92	1984
	Gavin West	40.99	2018
	Dylan Keszler	41.07	2007
	Jake Wytosick	41.33	2003
	SOPH	Dylan Keszler	41.07
9th	Aidan Hedderman	41.97	2021
LONG JUMP	Doug Miller	21' 8 3/4"	1988
	Roger Albers	21' 8"	1966
	Bill Shetler	21' 7 1/2"	2002
	Nick Relf	21' 6 1/2"	2000
	Adolph Shepardson	21' 3 1/2"	1997
SOPH	Adolph Shepardson	20' 3 1/2"	1995
9th	Bill Shetler	20' 7 1/2"	2000
TRIPLE JUMP	Bill Shetler	44' 8"	2002
	Adolph Shepardson	44' 6"	1997
	Doug Miller	44' 2 3/4"	1988

	Joe Shepardson	44' 00"	2001
	Alec Keffeler	43' 10 1/2"	2019
	Darrell Strong	43' 10"	2002
SOPH	Bill Shetler	42' 5"	2001
9th	Adolph Shepardson	41' 9 3/4"	1994
POLE VAULT	Calvin Cammack	15' 0"	2007
	Jason Duprel	14' 6 1/4"	2010
	Kipp Tarrant	14' 6"	1995
	David Czerny	14' 2"	2004
	Chad Peck	13' 9"	2006
SOPH	Calvin Cammack	13' 0"	2005
	Aidan Hedderman	13' 0"	2022
9th	Ryan Benne	12' 3"	1995
HIGH JUMP	Doug Miller	6' 8"	1988
	Tanner Weaver	6' 5"	2014
	Todd Podoll	6' 4"	2013
	Dave Arrington	6' 3" 1/2"	1979
	Nathan Collins	6' 3"	1997
	Casey Anderson	6' 3"	2005
	Nate Austin	6' 3"	2006
SOPH	Doug Miller	6' 3 1/2"	1986
9th	Chad Nicolay	5' 11"	1995
SHOT PUT	Scott Lensegrav	60' 5"	1990
	Mike Murphey	57' 4 3/4"	1974
	Frosty Paris	56' 3"	2004
	Chet Delbridge	55' 7 3/4"	2002
	Justin Dillavou	55' 7 1/2"	1995
SOPH	Scott Lensegrav	50' 11"	1988
9th	Scott Lensegrav	48' 6 1/2"	1987
DISCUS	Frosty Paris	178' 4"	2004
	Scott Lensegrav	169' 4"	1990
	Justin Dillavou	165' 6"	1995
	Bill Kurtz	157' 10"	1987
SOPH	Frosty Paris	143' 2"	2002
9th	Matt Wardell	135' 11"	2008
JAVELIN	Konner Berndt	144' 9"	2022
	Jarod Duran	108' 7"	2021

400 RELAY	Young/Gingras/Holt/Oxner	44.26	1994
	Kyle/Howerter/Inhofer/Puhlman	44.31	1991
	Stumpf/Pickett/Cermak/Czerny	44.63	2004
	Carter/Smith/Hinker/McNenny	44.85	2007
	Stumpf/Huber/Cermak/Pickett	44.86	2004
9th	Shetler/Gouldin/Ford/Pfleger	46.84	2000
800 RELAY	Inhofer/Phillips/Monahan/Christman	1:30.77	2021
	Fritz/Crane/Keffeler/Fjelstad	1:31.60	2017
	Fritz/Wamsher/Keffeler/Fjelstad	1:31.82	2017
	Kyle/Howerter/Inhofer/Puhlman	1:32.08	1991
	Taul/Inhofer/Christman/Burnham	1:32.56	2019
	Gingras/Holt/Young/Oxner	1:32.95	1995
	Crane/Fritz/Keffeler/Permann	1:32.99	2016
	Oehlerking/Terry/Berry/Stewart	1:33.10	1976
	Nelson/Puhlman/Gullet/Graves	1:33.33	1989
	Pfleger/Pickett/Ford/Fields	1:33.45	2002
9th	Shetler/Gouldin/Ford/Pfleger	1:36.20	2000
1600 RELAY	Pickar/Bates/Shepardson/Snelling	3:25.12	1996
	McNenny/Schuster/Burke/Melhoff	3:25.14	2009
	Fjelstad/Fritz/West/Keffeler	3:26.63	2017
	Inhofer/Christman/Eisenbraun/Monahan	3:26.74	2021
	Gadsden/Puhlman/Ulrich/Miller	3:26.80	1984
	West/Permann/Brenneman/Wamsher	3:27.64	2018
	Fjelstad/Keffeler/Wamsher/West	3:28.08	2017
	Keller/Murray/Bachand/Townsend	3:28.20	1973
	Pickar/Bates/Holt/Snelling	3:29.80	1994
9th	Schneider/Kuno/Kracht/Simmons	3:35.68	2012
3200 RELAY	Pickar/Bates/Fischer/Snelling	7:53.06	1995
	Larson/Bales/Kopplin/Simmons	7:58.94	2012
	Ireland/Reinhardt/Noble/Simmons	8:03.67	2014
	Biers/Bates/Snelling/Pickar	8:04.42	1996
	Monahan/Sailer/Buchholz/Brenneman	8:05.58	2019
	Kopplin/Sprague/Larson/Simmons	8:05.94	2012
	Ireland/Noble/Takahashi/Simmons	8:09.60	2015
	Miller/Miller/Larson/Urbaniak	8:10.00	1981
9th	Wilson/K Kopplin/Keszler/Snyder	8:59.27	2007
MEDLEY	Oxner/Holt/Snelling/Pickar	3:34.41	1995
	Christman/Sailer/Inhofer/Monahan	3:34.81	2021
	Keffeler/Fjelstad/Ireland/Simmons	3:34.90	2015
	Christman/Sailer/Monahan/Brenneman	3:35.33	2019
	Permann/Christman/Wamsher/Brenneman	3:36.26	2018

	Christman/Taul/Sailer/Brenneman	3:37.29	2019
	Stumpf/Fowler/Burke/Simmons	3:38.13	2011
	Permann/Sailer/Christman/Brenneman	3:38.19	2018
	Tilly/Puhlman/Ulrich/Bachand	3:38.70	1984
	Olson/Fowler/Burke/Simmons	3:39.08	2011
	Fritz/West/Keffeler/Fjelstad	3:39.10	2016
	Gadsden/Agar/Puhlman/Miller	3:39.40	1984
9th	Kuno/Schneider/Kracht/Simmons	3:42.71	2012