



Aug-September 2018 Breakfast

Sturgis/Whitewood/Piedmont/Middle School

Daily Breakfast includes fruit, juice and a variety of milk.

****Yogurt, Cereal, Bagel and Toast offered as daily entrees.**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
AUGUST	27 A: Breakfast Pizza B: Donut Holes	28 A: French Toast B: Banana Bread	29 A: Scrambled Eggs B: Cinnamon Bread	30 A: Biscuit & Gravy B: Cream Cheese Bagel	31 A: Cheese Omelet & Toast B: Long John	
	3 LABOR DAY NO SCHOOL	4 A: Flavored Pancakes B: Banana Bread	5 A: Waffles B: Long John	6 A: Donut Holes B: Sausage, Egg & Cheese Bowl	7 A: Yogurt Parfait B: Muffin	Breakfast Includes: Half-pint Milk Fruit or Juice
	10 A: Cinnamon Bread B: Egg & Cheese Biscuit	11 A: Flavored Pancakes B: Cream Cheese Bagel	12 A: Cinnamon & Sugar Toast B: Honey Bun	13 A: Cinnamon Roll B: Banana Bread	14 A: Cheesy Eggs & Toast B: Long John	Lunch Includes: Half-pint Milk
	17 A: Breakfast Pizza B: Donut Holes	18 A: French Toast B: Banana Bread	19 A: Scrambled Eggs B: Cinnamon Bread	20 A: Biscuit & Gravy B: Cream Cheese Bagel	21 A: Cheese Omelet & Toast B: Long John	
Free & Reduced Applications are available at all school offices	24 A: Egg & Cheese Biscuit B: Cinnamon Bread	25 A: Flavored Pancakes B: Cream Cheese Bagel	26 A: Cinnamon & Sugar Toast B: Honey Bun	27 A: Cinnamon Roll B: Banana Bread	28 A: Cheesy Eggs & Toast B: Long John	Meal Prices: Breakfast — Student—\$1.90 Adult—\$2.15
OCTOBER	1 A: Cheese Omelet & Toast B: Banana Bread	2 A: Cinnamon & Sugar Toast B: Donut Holes	3 A: French Toast B: Cinnamon Bread	4 A: Egg & Cheese Biscuit B: Long John	5 NO SCHOOL	Lunch- Middle/Elem only Student—\$2.85 Adult—\$3.55



August—September 2018 Lunch

Sturgis/Whitewood/Piedmont/Middle School



Fruit and a variety of milk, grab and go salad and sandwiches will be offered daily.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
AUGUST	27 A: Chicken Strips B: Meatloaf Mashed Potato/Gravy, T-Roll, Steam Broccoli	28 A: Terr. Chicken B: Orange Chicken Stir Fry Vegetables, Baby Carrots, Rice, Fortune Cookie	29 Build Your Taco *Choose: Chips/Rice/ Tortilla, Taco Meat Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick	30 A: Hamburger, Bun, B: Mini Corn Dog Green Beans, Fries,	31 A: Hot Dog/Bun B: Pulled Pork/Bun Mac & Cheese, Cucumbers, Steam Carrots	Breakfast Includes: Half-pint Milk Fruit or Juice	
	3 LABOR DAY NO SCHOOL	4 A: Super Nacho Lettuce, Tomato, Nacho Cheese, Refried Beans, Cinn. & Sugar Breadstick	5 A: Chicken Nuggets B: Turkey Roast Mashed Potato/Gravy, Steam Broccoli, T-Roll	6 A: Sloppy Joe B: Crispy Chicken Sand. Bun, Baked Beans, Sweet Potato Fries	7 A: Cheese Pizza, B: Chicken Alfredo Toss Salad, Carrots & Celery	Lunch Includes: Half-pint Milk	
	10 A: Rib Patty/Bun B: Hot Dog/Bun Fries, T-Roll, Mashed Sweet Potato	11 A: Pulled Pork/Bun B: Hamburger/Bun Bun, Baked Beans, Steam Peas	12 A: Double-Stuff Pizza B: Tater Tot Casserole Toss Salad, Baby Carrots, Garlic Breadstick	13 A: Turkey Roast B: Popcorn Chicken Mashed Potato, Steam Broccoli, T-Roll	14 A: Corn Dog B: Hot Ham & Cheese Panini Potato Smiles, Green Beans		
	17 A: Hot Hamburger B: Chicken Nuggets Mashed Potato, Gravy, Slice Bread, Green Beans	18 A: Tomato Soup, B: Chicken Noodle Soup Grilled Cheese Sandwich Carrots & Celery	19 Walking Taco Chips, Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick	20 A: Crispy Chicken Sandwich B: French Toast & Sausage, Hash browns, Baby Carrots	21 A: Pocket Pizza B: Lasagna Toss Salad, Fresh Broccoli	Meal Prices: Breakfast— Student—\$1.90 Adult—\$2.15	
	Free & Reduced Applications are available at all school offices	24 A: Terr. Chicken B: Orange Chicken Stir Fry Vegetables, Baby Carrots, Rice, Fortune Cookie	25 A: Chicken Strips B: Meatloaf Mashed Potato/Gravy, Broccoli, T-Roll	26 Build Your Taco *Choose: Chips/Rice/ Tortilla, Lettuce, Cheese, Tomato, Refried Beans, Cinnamon Bread Stick	27 A: Hamburger/Bun, B: Mini Corn Dog Green Beans, Fries	28 A: Hot Dog/Bun B: Pulled Pork/Bun Mac & Cheese, Steam Carrots	Lunch- Middle/Elem only Student—\$2.85 Adult—\$3.55 Juice_ \$.50 Ala Cart
	OCTOBER	1 A: French Toast, B: Waffles Sausage Patty, Hash browns, Baby Carrots	2 A: Fish Nuggets B: Chicken Nuggets Mashed Potato/Gravy, Steam Broccoli, T-Roll	3 A: Taco on Fry Bread, Lettuce, Tomato, Cheese, Refried Beans, Cinnamon Breadstick	4 A: Hot Dog/Bun B: Rib Patty/Bun Mac & Cheese, Steam Carrots	5 NO SCHOOL	