

SWMS/SIS DAILY NEWS

Tuesday, November 5th, 2019

LUNCH MENU

Tuesday

Breakfast – Cheese Omelet, Sausage & Toast or Mini Pancakes

Lunch – Super Nachos Beef or Chicken with Chips, Lettuce, Tomato, Refried Beans, Nacho Cheese, Salsa and a Cinnamon Sugar Breadstick

Grab N Go Box –

Wednesday

Breakfast – Cinnamon & Sugar Toast or Pancake on a Stick

Lunch – Popcorn Chicken or Country Fried Steak w/mashed potatoes, country gravy, steamed broccoli, t-roll, and butter

Grab N Go –

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Inspirational Quote:



Joke: Did you hear about the actor who fell through the floorboards?

Lost the top to a lapel pin, it is the size of a shirt button perhaps a little bit bigger it was lost on Thursday most likely in a 7th grade classroom. The pin top says, "Every champion has a coach." If found, please return to the office. There is a reward if it is found.

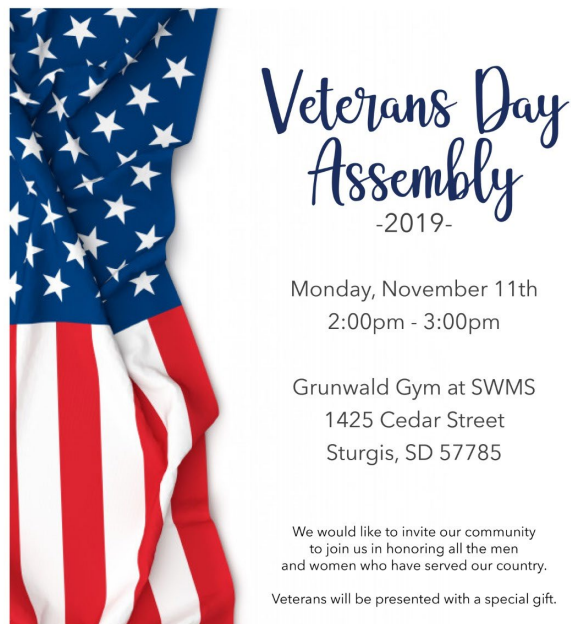
There will be no counselors in the building today, Tuesday November 5th. They are attending a conference.

Library News

The following students have a book(s) on hold in the library. If you do not pick it up by the end of the day today it will go back on the shelf.

Hannah Bailey
Novali Dinkins
Karstyn Garcia(2)
Zabree Bush
Noah Huggett Moyer

Veteran's Day



**Veterans Day
Assembly**
-2019-

Monday, November 11th
2:00pm - 3:00pm

Grunwald Gym at SWMS
1425 Cedar Street
Sturgis, SD 57785

We would like to invite our community
to join us in honoring all the men
and women who have served our country.
Veterans will be presented with a special gift.

There are coloring sheets in the office if you would like one to decorate your locker for Veterans Day

Giving Back to Our Nations Heros

Kailee Kirk's Senior Project is collecting items for the Veterans in long-term care at the V.A. in Sturgis. Items to bring are men and women's: socks & slippers, small blankets, hygiene products such as: soap, toothpaste , brushes, body wash, deodorant, shaving cream, lotion, fingernail clippers, hats and gloves, crossword puzzles, word searches, adult activity books, Bring items in to the office between Oct. 31st and Nov. 15th and receive a piece of candy

Flu Shots

The Meade County health nurse will provide student flu shots to Sturgis Williams Middle School Friday, November 8 from 12:30pm-3:30pm

Sports Announcements

Good Luck to the 8th grade girls' basketball team as they compete against Douglas today, Tuesday, November 5th here game times 4 and 5

Good Luck to the 7th grade girls' basketball team as they compete against Douglas today, Tuesday, November 5th in Douglas game time 3:45

Good Luck to the high school debate team as they compete in Douglas today, Tuesday, November 5th debates begin at 4 ??? middle school participants are Benett Gordon and Porter Deering

Attention middle school wrestlers you are to get on bus 141 tonight for practice at the high school

Sturgis AAU Youth Wrestling Signup information should have gone home. There is a parent meeting Nov. 12th at the Sturgis Community Center or November 14th at Stagebarn Middle School Lobby time for both meetings are 5:30.



Attention 8-11 Grade SWMS/SBHS Football Player:

Coming Soon....

End of the Season Team Lifting and Competitions!!!

3 Senior Football Players Are Hosting This Fun Event for Their Senior Project!

– Dylan Gillespie, Trevor Keierleber, Trevor Erlenbusch

Purposes of This Fun Event:

1. Get the Team (8-12) Together to Have Some Fun Through Competitions and Contests to Build Team Spirit and Unity.
2. Older Football Players Helping Younger Players w/Their Lifting Technique and Goals So They Can Use This Info to Lift Off-Season When Ready.

Note: This Event is Not Mandatory.

Event Details - Fall Football Team Lifting & Competitions – 8th Annual

Who: All 8-11th Grade Athletes Who Are Planning on Playing Football Next Fall

What: Lift Together w/Your Football Team & Compete in Contests

When: 5 Days of Lifting & Competitions (3:20-5)

Week 1: (11/5, 11/6, 11/7) – Tuesday & Wednesday, Thursday

Week 2: (11/12 & 11/13) – Tuesday & Wednesday

Where: SBHS Weight Room

Why: Build Teamwork and Enhance Good Lifting Technique for Offseason

- *Dylan Gillespie, Trevor Keierleber, & Trevor Erlenbusch are hosting this event for their senior experience with the help of advanced lifting football players/students.*
- *There will be maxing and contests!*
- *The Senior Football Players (above) and Sage are looking for Junior and Senior Football Players and Upper-Level Fitness Students to volunteer to be mentors for this clinic and you will receive a volunteer certificate for your participation. If you have questions – ask the people above.*
- ***All football players and volunteer mentors should be in the weight room- dressed in lifting clothes and ready to go by 3:20 on Tuesday, Nov 5th!***



Answer: He was just going through a stage.