MEAL PRICES
Breakfast:
Student - \$1.90

Adult - \$2.35 ALA CARTE: Milk/Juice \$.50

# September

## Middle School 2020 Breakfast

Sturgis Williams/Stagebarn

### FREE AND REDUCED APPLICATIONS CAN BE FOUND AND SUBMITTED SECURELY ONLINE AT WWW.MYSCHOOLAPPS.COM

TO MAKE DEPOSITS, SEE STUDENT TRANSACTIONS AND BALANCE, AND SIGN UP FOR LOW BALANCE NOTICES AT WWW.MYSCHOOLBUCKS.COM

BREAKFAST INCLUDES DAILY: FRUIT, JUICE AND A VARIETY OF MILK \*\*YOGURT, CEREAL, BAGEL, & TOAST OFFERED AS DAILY ENTREES\*\*

	1	2	3	4
7 No School	8 Cereal Choices or Pop Tart	9 Cheese Omelet & Toast or Cinnamon Roll	10 Sausage & Pancake on a Stick or Waffles and Syrup	Biscuit & Gravy or Banana Bread
Breakfast Pizza or Cinnamon Sugar Toast	Yogurt Parfait & Granola or Cinnamon Bread	16 Sausage, Egg & Cheese Biscuit or Wowbutter & Jelly Sandwich	Breakfast Burrito or French Toast & Syrup	Cheesy Tots & Eggs Bowl or Long John
21 Sausage & Pancake on a Stick or Chocolate Chip Muffin	22 Cheese Omelet & Toast or Mini Pancakes	Breakfast Pizza or Chocolate Chip Oatmeal Bar	24 Biscuit & Sausage Gravy or Banana Bread	25 Yogurt Smoothie & Granola or Pop Tart
28  Breakfast Burrito  or  Cinnamon Bread	Scrambled Eggs, Sausage & Toast or French Toast & Syrup	30 Biscuit & Sausage Gravy or Cinnamon Roll	1 Yogurt Banana Split or Wowbutter & Jelly Sandwich	2 Sausage, Egg & Cheese Biscuit or Long John

MEAL PRICES LUNCH:

Student - \$3.00

Adult - \$3.85

ALA CARTE:

Milk/Juice \$.50

# September

## **MIDDLE SCHOOL 2020 LUNCH**

Sturgis Williams/Stagebarn

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	1	2	3	4
7	8 Philly Cheese Steak	9	10	11 Cinnamon French Toast &
	Sandwich	Pasta Day Spaghetti Sauce & Meatballs	Chicken Tender Strips OR	Syrup
	OR	OR	Country Fried Steak	Sausage Patty
No School	Big Dog w/Bun	Chicken Alfredo Breadstick	Mashed Potatoes & Country Gravy Baked Beans	Baby Carrots
	Steamed Broccoli	Tossed Salad w/Ranch Dressing	T-Roll & Butter	Potato Roundabouts
	Jo-Jo Potato Wedge	Baby Carrots Fruit & Milk Choices	Fruit Slushie Milk Choices	Dragon Punch Juice
14	Fruit & Milk Choices 15	16	17	Fruit & Milk Choices 18
Chicken Nuggets	Super Nachos	Corn Dog		
OR	Beef OR Chicken	OR	Sloppy Joe Sandwich OR	Cheese Pizza OR
Potato Crunch Fish Nugget	Tortilla Chips	Chicken Drumstick	Chicken Patty Sandwich	Pepperoni Pizza
Crinkle French Fries	Refried Beans	Mac & Cheese	Cheesy Broccoli	Tossed Salad w/Ranch Dressing
T-Roll & Butter	Tomato	Steamed Peas	Potato Smiles	Baby Carrots & Celery
Steamed Corn	Salsa	Baby Carrots	Craisins Milk Choices	Fruit Slushie Milk Choices
Fruit & Milk Choices	Fruit & Milk Choices	Fruit & Milk Choices		
21	22	23	24 Walking Tacos	25
Lasagna w/ Garlic Breadstick	Asian Day Orange Chicken	Mini Corn Dogs	Beef OR Fajita Chicken	Chicken Tender Strips
OR OR	OR	OR Popcorn Chicken	Doritos	Waffle Sticks & Syrup
BBQ Rib Patty Sandwich	Teriyaki Chicken	Mashed Potatoes & Country Gravy		Potato Roundabouts
Steamed Broccoli Corn	Brown Rice Stir-Fry Vegetables	T-Roll & Butter	Lettuce & Tomatoes	Dragon Punch Juice
Fruit & Milk Choices	Fruit & Milk Choices	Steamed Green Beans	Salsa	Fruit & Milk Choices
Chocolate Chip Cookie	Fortune Cookie	Fruit & Milk Choices	Fruit & Milk Choices	
28	29	30	1	2
Deluxe Burger	Chicken Nuggets	Chicken Noodle Soup	Corn Dog	Potato Crunch Fish Nuggets
OR	OR Country Fried Steak	Or Tomato Soup	OR Chicken Drumstick	OR
Chicken Patty Sandwich	Mashed Potatoes & Country Gravy	Stuffed Mozzarella Breadstick	Chicken Drumstick Mac & Cheese	Popcorn Chicken Corn Chips
Baked Beans	Steamed Broccoli T-Roll & Butter	Cinnamon Roll Tossed Salad w/Ranch Dressing	Steamed Peas	Jo-Jo Potato Wedges
Crinkle French Fries	Fruit Slushie	Celery	Baby Carrots	Cheesy Green Beans
Fruit & Milk Choices	Milk Choices	Fruit & Milk Choices	Fruit & Milk Choices	Fruit & Milk Choices