MEAL PRICES Breakfast: Student - \$1.90 Adult - \$2.35 ALA CARTE:

Milk/Juice \$.50

October

Elementary 2020 Breakfast

STURGIS, WHITEWOOD, PIEDMONT ELEMENTARY

FREE AND REDUCED APPLICATIONS CAN BE FOUND AND SUBMITTED SECURELY ONLINE AT WWW.MYSCHOOLAPPS.COM

TO MAKE DEPOSITS, SEE STUDENT TRANSACTIONS AND BALANCE, AND SIGN UP FOR LOW BALANCE NOTICES AT WWW.MYSCHOOLBUCKS.COM

BREAKFAST INCLUDES DAILY: FRUIT, JUICE AND A VARIETY OF MILK **YOGURT, CEREAL, BAGEL, & TOAST OFFERED AS DAILY ENTREES**

| ALT. PROTE, JOICE AND A VAI | TOGORY, CE | 1 | 2 |
|--|--|---|---|
| | | Yogurt Banana Split or Wowbutter & Jelly Sandwich | Sausage, Egg & Cheese Biscuit or Long John |
| 6 | 7 | 8 | 9 |
| Cheese Omelet & Toast or Chocolate Chip Oatmeal Bar | Yogurt Parfait & Granola or Banana Bread | Sausage & Pancake on a Stick or French Toast & Syrup | Biscuit & Sausage Gravy or Long John |
| 13 | 14 | 15 | 16 |
| Smoothie & Granola or Pop Tart | Cheese Omelet & Toast or Cinnamon Roll | Sausage & Pancake on a Stick or Waffles and Syrup | Biscuit & Gravy or Banana Bread |
| 20 | 21 | 22 | 23 |
| Yogurt Parfait & Granola or Cinnamon Bread | Sausage, Egg & Cheese Biscuit or Wowbutter & Jelly Sandwich | Breakfast Burrito or French Toast & Syrup | Cheesy Tots & Eggs Bowl or Long John |
| 27 | 28 | 29 | 30 |
| Cheese Omelet & Toast or Mini Pancakes | Breakfast Pizza or Chocolate Chip Oatmeal Bar | Biscuit & Sausage Gravy or Banana Bread | Yogurt Smoothie & Granola or Pop Tart |
| | 6 Cheese Omelet & Toast or Chocolate Chip Oatmeal Bar 13 Smoothie & Granola or Pop Tart 20 Yogurt Parfait & Granola or Cinnamon Bread 27 Cheese Omelet & Toast or | Cheese Omelet & Toast or Chocolate Chip Oatmeal Bar Smoothie & Granola or Pop Tart Cinnamon Bread Cheese Omelet & Toast or Cinnamon Roll Sausage, Egg & Cheese Biscuit or Wowbutter & Jelly Sandwich Cheese Omelet & Toast or Chocolate Chip Oatmeal | or Wowbutter & Jelly Sandwich 7 |

MEAL PRICES LUNCH:

Student - \$3.00 Adult - \$3.85 ALA CARTE: Milk/Juice \$.50

October

Elementary 2020 Lunch

STURGIS, WHITEWOOD, PIEDMONT ELEMENTARY

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| | | | 1 | 2 |
|---|--|---|--|---|
| 5 | 6 | 7 | Chicken Drumstick Mac & Cheese Steamed Peas Baby Carrots Fruit & Milk Choices | Turkey & Cheese Wrap Corn Chips Craisins Cherry Slushie Fruit & Milk Choices |
| Lasagna Steamed Broccoli Fruit & Milk Choices Chocolate Chip Cookie | Walking Taco w/Beef Doritos Refried Beans Corn Salsa Fruit & Milk Choices | Cheese Omelet Biscuit & Country Gravy Carrots Cherry Slushie Fruit & Milk Choices | Mini Corn Dogs Steamed Peas Mashed Potatoes & Country Gravy Fruit & Milk Choices | HOMECOMING Turkey Sandwich Corn Chips Carrots Craisins Dragon Punch Juice Rice Krispie Treat Milk Choices |
| No School | Hot Dog w/Bun Steamed Broccoli Baked Beans Fruit & Milk Choices | 14 Spaghetti & Meatballs Breadstick Steamed Peas Baby Carrots Fruit & Milk Choices | 15 Chicken Tender Strips T-Roll Mashed Potatoes & Country Gravy Green Beans Fruit Slushie Milk Choices | 16 Cinnamon French Toast & Syrup Sausage Patty Carrots Potato Roundabouts Dragon Punch Juice Fruit & Milk Choices |
| Chicken Nuggets T-Roll Crinkle French Fries Carrots Fruit & Milk Choices Sugar Cookie | 20 Super Nachos w/Beef Corn Chips Refried Beans Corn Salsa Fruit & Milk Choices | Corn Dog Mac & Cheese Steamed Peas Baby Carrots Fruit & Milk Choices | Sloppy Joe Sandwich Steamed Broccoli Potato Smiles Craisins Milk Choices | Cheese Pizza Green Beans Fruit Slushie Dragon Punch Juice Milk Choices |
| Lasagna Steamed Broccoli Fruit & Milk Choices Chocolate Chip Cookie | Asian Orange Chicken Brown Rice Stir-Fry Vegetables Baby Carrots Fruit & Milk Choices Fortune Cookie | Mini Corn Dogs Steamed Carrots Mashed Potatoes & Country Gravy Steamed Carrots Fruit & Milk Choices | 29 Walking Taco w/Beef Doritos Refried Beans Corn Salsa Fruit & Milk Choices | Chicken Tender Strips Waffle Sticks & Syrup Potato Roundabouts Dragon Punch Juice Fruit & Milk Choices |